History theives in our midst!

For some weeks now we have been trying to look into several different reports of strange activities in the Pumpkin Hill area of this beautiful island. So far all of our attempts to investigate have lead to closed mouths and brick walls, but the little we have learned has convinced us of the necessity to pass on what we do know and let stronger souls find the truth.

First let us tell newer readers a little about Pumpkin Hill. It has long been understood that Pumpkin Hill is a dead volcanic peak, part of the same range that form the islands of Roatan and Guanaja. In fact Utila gets its name from the Maya word (and the islands old name) Uttla, which in Maya means little smoke. Because it will have bearing to the following story we would like to point out that Utila when written with the mayan equivalent of a capitol letter at the beginning has a slightly different meaning…Temple of smoke.

About three weeks ago we started receiving reports of nocturnal landings and take offs from the new runway. A few of the local guys who ride their motorbikes down their had reported seeing what appeared to be soldiers loading heavy wooden crates onto a Chinook helicopter with no markings. Even as he told us this he broke down and asked not to print this information but we feel it is the islanders right to know what is going on.

There has been a lot of building activity in the Pumpkin Hill area over the last couple of years and it has accelerated to an unprecedented level this rainy season, but why build in rainy season?

Surely it would be easier to build with dry roads and easy transport? One thing about rainy season at Pumpkin Hill, there are not so many tourists there, not so many “prying eyes”. We managed to take some aerial photographs (above) and believe they start to explain what has been going on.

We spoke to a local archeologist, he is an American (who married on Roatan six years ago and now lives here), and who has been searching for the lost White Mayan City here in Honduras for the last twelve years. He told us that about three years ago he had to stop his research on the white city because what he describes as “typical U.S. government agents” had threatened himself and his family. Interestingly enough his research at the time pointed towards a migration of the Mayan royalty and high priests to the bay islands of Honduras, during the Spanish invasions on the mainland. Taking with them their treasures and libraries. But no-one to date knows exactly where they chose to hide or where the final resting place of the royal Mayan treasures.

Okay let me return to the alternative translation of Uttla. Temple of Smoke. What I will now tell you will probably leave you as chilled as it did us when we found out. In the Mayan tradition smoke was held, by the priests, as the form gods would choose to manifest themselves, taking physical form from their burnt offerings. In all of the final records found left by the Maya, references are found to the royal family and Mayan histories being kept safe by the gods from the Spanish invaders in the Temple of the Living Gods. According to research by our local archeologist two other Mayan words were used to reference the Temple of the Living Gods, these words were Anutilla (Temple of the Smoke Gods) and our old namesake, Uttla.

When we obtained this information we decided to take matters into our own hands and have a look at a building that we had been told regularly had nocturnal truck trips arriving empty and leaving “heavily loaded down but seeming almost empty” as one pumpkin hill resident put it.

We went during the day and what we found amazed us. Using the help of a couple of local builders we entered the “house”. At first it seemed a normal small one bedroom cabin, then we entered the bathroom to find it was the entrance to a recently dug tunnel. As we were about to enter a truck came into the property and we had to hide further up the hill. Four men in military style jump suits carrying automatic rifles, loaded what looked like very heavy but relatively small objects into the back of the truck. The weight of these objects was obvious not only by the way the men were struggling but also by the way the suspension would drop each time something was loaded. One of the guys noticed the broken lock on the door and then talked into their radio. We didn’t wait around as both of our local friends said we should make a swift exit, and to be honest I think we were all a bit scared. We went over the back of Pumpkin Hill to see two small army helicopters buzzing the area as if looking for something and decided to leave by the beach to the end of the new airport as there was plenty of cover to hide from the helicopters. To our amazement when we arrived at the end of the airport, the same truck we had seen in pumpkin hill was off-loading into a Chinook and the two smaller helicopters had landed but all still had there engines going. Within seconds the cargo had been loaded and all three helicopters took of and the truck drove off at high speed. We were so scared we waited for an hour before walking the rest of the way round the coast till we reached the point. Only then feeling a little safer.

We believe that Pumpkin Hill is the fabled Temple of the Living Gods and certain parties have been hiding this information because, under Honduran law, if any artifacts or treasure were found on the island, any money made from selling or exhibiting these artifacts has to be split equally. These same parties have been working with the American military to remove treasures and important artifacts from this island. We understand this will come as a surprise to almost all of you, but we had our office windows smashed and both our computers stolen two days ago and also an anonymous threat left on one desk which simply read “don’t print anything about Pumpkin Hill if you want to print another paper”. We are already in above our heads but felt if it is the last thing we print, you still have a right to know. Incase they do shut us down we would like to thank all of you who supported us, and we hope someone can sort this mess out.

By Lari.Hislubt
Carnival Committee Meetings

On the 16th of March the organizers of Sunjam got together with the Carnival Committee to discuss changing dates in order to leave a week between the 2 events. The dates agreed upon are:
Carnival 22-30 July and Sunjam 5th August.
The Carnival Committee met again on the 20th of March to decide how merchants and businesses will be charged over the Carnival week. Bars, restaurants, hotels and stores will pay a set price according to their size. The businesses on the main road will pay more than those out of town. The dive shops have always willingly donated money and will do so again this year through UDC (the dive organization).
All funds raised this year will go towards building bathrooms at Chepes beach.
For information about the rental of spaces for this year’s Carnival please see Michelle. Her office is located above the Utiila fire station.

Strike in Ceiba

On Wednesday 15th of March all bridges out of La Ceiba heading towards the airport and dock were blocked by taxi and bus drivers protesting the introduction of mini buses in the city. One taxi driver told us “There are too many permits as it is, with more there will be less work and prices would have to go up in order for us to make a living”. By 2pm that afternoon the bridge to the airport had been re-opened and the last flight to Utiila was FULL.

Parrots Dive Center re-opens

After closing its doors about two years ago, Parrots Dive Center re-opened this month. The dive center offers PADI courses, fundiving, whale shark safaris and snorkelling. It is located on the main street next to JC internet.

Westjet offers flights from Canada

Canadian airlines Westjet are running weekly charter flights from Toronto to Roatan and Montreal to La Ceiba. These flights will continue while the demand is there. So all Canadians living on the Bay Islands tell your family “it’s time to visit”!

Off to La Ceiba

Earlier this month an American tourist almost fainted before entering the water to dive. He was suffering from Hypovolemia (lowered blood pressure due to dehydration and lack of acclimatization). He was treated at the Clinic with IV fluids and oral rehydration but before leaving nearly fainted again. In cases like this overnight observation is necessary so Dr. John flew with him to Utiila where he was treated by Dr. Mardagia at the D’Antoni and kept in overnight for observation. He returned to Utiila the following morning. Three days later a Canadian tourist suffered the same problems but recovered quickly after IV and oral treatment. (see page 15 for tips on preventing dehydration)

EF training for teachers

Seven teachers, 4 from the public school and kindergar- ten and 3 from UMCC spent 2 days in February doing an Emergency First Response course with instructors from UDC. Neil Ross and Yamil Ortiz de Ora Ortiz donated 2 days of their time to train the teachers in many types of medical emergencies. The teachers all passed the course and are now waiting for their certification cards to arrive.
Utiila Dive Centre provided the teaching staff and learning tools, The Mango Inn donated the use of their conference room and Ace International covered the certification costs. It’s great to have so many teachers medically trained and a further weekend of training is planned for the teachers of the Adventist school.
Thank you to the teachers for attending and to Andy, Neil and Yamil for their time and willingness in organizing the course.

St. Patricks Day celebrations

There was a party at the Barracuda to celebrate St.Patricks Day on the 17th of March. The place was packed and wild with body painting and free green shots for people clad in green! Irish music was played all night and there were a few VERY sore heads the next morning! The Champa celebrated St. Patricks Day with an awesome jam session organize by Shawn. St. Patricks Party Champa style was a night of live music with an enjoyable jam session organized by Shawn. Dan, Mike and Rob made up the rest of the band and were joined by Reiner and Urs who altogether played to loud applause and cheers from the crowd. The band breaks were filled with Shane Megowan, The Fury’s and as the night wore on a few Dubliners tunes had the last men standing singing along!

Gun shots in residential areas

Many people living out of town have heard gunshots from hunters near their properties. Some of them were lucky not to get shot. Shooting in residential areas and close to houses is not allowed and carries a 500lps fine per shot.

Utiila East Wind in demand

We would like to apologise to our readers and advertiser on Roatan! Last month’s newspaper was SO popular on Utiila and in La Ceiba that there were no copies left for Roatan! Don’t forget you can read the latest Utiila East Wind online at www.aboututila.com The paper will soon be available online on www.utilaeastwind.com See next months newspaper for the launching date!

Father’s Day celebrations

The students of Utiila Adventist School put on a great show at the Adventist church on Thursday 16th March to celebrate Fathers Day. Every grade entertained the crowd with songs, poems and short plays. Two Fathers were picked out and brought on stage to be tested as to their parenting skills. The church was filled with laughter as they changed diapers on a dolly and then were blindfolded and asked to pick their child out of a group by touching the children’s hands. They both succeeded. All the Fathers were then brought on stage and awarded with “Best Father” awards. The 5th grade your song was great. The tiny students of Wisdom Paradise school celebrated Fathers Day on Friday 17th with a party held in the schoolyard. The children had made cards with photographs of themselves with Dad and they proudly sang the songs they had learnt. There was a piñata filled with candy and then chocolate cake for everyone. Nice to see the Dads sitting around chatting and getting THEIR clothes smeared with chocolate!!

Bush’s supermarket

It is the beginning of a new era of convenience for Utiila. Bush’s Supermarket, owned and operated by Denny and Sherry Bush is expanding their operations to meet the increased demand in demand cre- ated by the great influx in tourism on the island. An additional 1000 square foot of shopping floor has been added with modern check out stations. There will be a great increase in the quantities and varieties of goods including fresh meats, vegetables and frozen foods. Bush’s Supermarket is due to open expanded operations on April 3rd.

Notice

If you think its news call us on 355 4463.
If you ran out of copies you can pick some up at the Utila East Wind Office (ACE Plaza, Utila) or at the Utila Post Office or at the convenience stores.
A SPECIAL THANKS TO THE UTILA EAST WIND TEAM
Aurel, Blue Willow, Chris, Chris G, Degg, Gilda, Jacqueline, Jules, Jess, Louis, Matt, Naomi, Mark, Smith, Steve
SPECIAL THANKS TO DAN AND JULES. WITHOUT THEM THIS ISSUE WOULD NOT BE ON THE ISLAND IN TIME!

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To place your ad
For adverts and advice on free classifieds call 355 4463.
To air your views
Letters on any subject are welcomed for publication. Priority will be given to letters dealing with local issues. The editors reserve the right to amend or shorten letters at their discretion.
To get your paper
Pick up a free copy from bars, restaurants and public places across the island and the ferry and tourist destinations on the mainland. If you run out of copies you can pick some up at the Utila East Wind Office (ACE Real Estate Office) in Broussard Plaza or give us a call 355-4463.

Utiila East Wind is available to view on-line at
AboutUtiila.com
Gym opening this month

For those of you who have been waiting to pump some iron the good news is that Utila’s first fitness studio, Ocean Fitness, will be opening this month in Sandy Bay. The machines are in place and the health bar is ready to serve you a variety of drinks including meal replacement shakes, protein shakes, fruit shakes and juices.

After a good work out on the cardio machines, treadmills, bicycles or elliptical cross trainers you can concentrate on more specific muscles and toning with free weights, the four small pumps to go to the special treatment area.

The municipality hopes to complete one project per month. At the moment it is working on the access road to Camponado which will take longer.

Work has begun on the 20’ feet access road into Camponado. Hopefully the new access road into the area will be finished before the end of this year. The funding for this should not be a problem. Cascajo is currently being moved from the point to an area next to Camponado for the construction. More about this project will be known around June of 2006.

About 37,000 Lempiras have been spent on cleaning the garbage dump. The municipality would like to thank Mark Williams who provided a bulldozer at a discounted price. The garbage dump is now in really good shape.

The pumps in the wells on the island have been replaced this month and the sign at the graveyard has been redone. Furthermore, the municipality would like to start removing weeds on the road to the airport.

The sanitation project is still being worked on. The Mayor is still in talks. About 16 million Lempiras will be spend on this project. It probably needs 18 small pumps to go to the special treatment area.

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The municipality has received many complaints about the noise coming from the bars this month. It believes that we all have to co-exist and that it is selfish to play music so loud so late into the night. The mayor asks the bars to comply with the laws otherwise action will be taken.

The municipality hopes to complete one project per month. At the moment it is working on the access road to Camponado which will take longer.

Finally ha llegado la nueva camioneta de basura a Utila. Esta es la primera camioneta de basura comprado con dinero de la municipalidad y que los otros fueron donados a Utila.

El próximo proyecto en el cual empezaremos a trabajar es el muelle público de los cayos. El Alcalde espera que los materiales estén listos para la próxima semana. Por el momento están esperando que les den una cuota y que se arregle la baraza del Sr. Troy, ya que se usará este para plantar los postes. El muelle quedara en el mismo lugar pero con más postes para hacerlo más fuerte. La municipalidad dará los fondos para la construcción del nuevo muelle.

La municipalidad está planeando construir un nuevo estadio municipal. Nuestra meta es construir un área de juego de 7000 m2, por el momento todo se ve bien.

Han empezado a trabajar en los 20’ de acceso de calle en camponado. Esperamos que la nueva calle de acceso en esta área esté terminada antes del fin de año. No deberá ser problema obtener los fondos de este proyecto. Además están moviendo cascajo de la punta a un área a lado de camponado para poder empezar la construcción. Sabemos más sobre este proyecto en Junio 2006.

Hemos gastado unos 37,000 Lps limpiando el basurero de Utila. A la municipalidad le gustaría agradecer al Sr. Mark Williams por darnos su máquina escavadora. El basurero se ve en muy buenas condiciones en este momento.

Las bombas en los pozos de la Isla han sido reemplazados este mes y el Rotulo del Cementerio fue sustituido. La municipalidad también ha empezado a limpiar las aceras en el camino al nuevo aeropuerto.

Todavía están trabajando en el proyecto de sanidad, el Alcalde sigue yendo a charlas. Gasta tan aproximadamente unos 16 millones de Lempiras en este proyecto. Probablemente necesitaras unas 18 bombas para esta área de tratamiento especial.

La municipalidad ha recibido varias quejas este mes sobre el ruido o la bulla de los bares. “Creo que debemos co-existir y es una forma muy egoísta tomar la música tan alta hasta esas horas de la noche “. El Alcalde pide que los bares cumplan con la ley, de lo contrario se tomaran acciones.

La municipalidad espera terminar un proyecto cada mes. Por el momento está trabajando en el calle de acceso de Camponado, el cual tomará más tiempo.

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Hendersons family retired

We spoke to Rosalita Henderson about her and Archies recent retirement from the grocery business. “We decided that after 32 years of running Tienda Popular Hendersons that we needed a break! It was such a long time of hard work but it was a nice time. We raised our 3 kids and now they are grown up, want to do other things and see some of the world! We decided to only keep the Deposit of beers and frescos, charcoal and cigarettes plus the dive shop and hotel. We would like to thank you all for shopping with us for so many years!”

Archie, Rosa and kids.

Archie Hendersons parents ran the store for 55 years before Rosa and Archie which adds up to 87 years of Hendersons being run as a family store. The store has been taken over by local man Joe Murry Castillo who already has a busy store on the road into Camponado.

Ladies football team fundraising

The ladies football team have been inventive with their fundraising events and provided much entertainment with their modeling nights at La Pirata. The events attracted a huge crowd and many people would have paid more than the 20Lps they charged at the door. Patrick let them use the bar for free and the entrance fee was collected to go towards the team funds.

With a big game planned for the 8th of April in La Ceiba they have also been working hard with bake sales (excellent cakes!), raffles, barbecues and door-to-door collection from businesses. They STILL have time to practice and are on the field Tuesdays and Thursdays from 7pm-9pm going through their paces.

If you would like to make a donation please drop it off at HQ TV or with Roselia Jackson (Yaya) President, Katie Munoz- Secretary or Rosa Hinds- Treasurer.

El equipo femenino de futbol ha sido muy creativo con sus eventos para colectar fondos. Proveen mucho entretenimiento con sus noches de modelajes en La Pirata Bar. Los eventos atraen un gran grupo de personas que quizás pagaran mas de 20 Lps para entrar. Patrick las deja usar el bar gratis y todo colectado en la entrada va para el equipo ya que planean un gran juego para el 8 de Abril en La Ceiba. También han estado trabajando duro haciendo queques (muy ricos), rifas, barbacoas y puerta a puerta colectando de negocios. SIEMPRE tienen tiempo de practicar en el campo los dias martes y jueves de 7 p.m. a 9 p.m. Si te gustaria hacer alguna donacion por favor déjelo en HQ TV o con Rosalia Jackson (Yaya) Presidenta, Katie Muñoz- Secretaria, o Rosa Hinds- Tesorera.

Marlin in the bay

Hal Whitefield was fixing his fishing line when he saw a splash which “frightened the life out me” close to the dock. The splashing didn’t stop and Hal says it was like bombs going off in the water. Then he spotted the tail and realized that it was a fish. A very large fish. He called for others to help, jumped in the sea and tied a rope on the tail. It turned out to be a 9’4” Marlin. The Marlin had a sucker fish in his gill and Hal believes he got himself into the shallow and was thrusting his head into the sand to try and knock it out. “He had himself about 5’ into the mud and it was hell to pull him out. He was like a post in the mud”. A thrashing one at that as Hal reckons the Marlin said to himself ‘I’m not going on land” and ended up pulling over all five people (Hal,Lejoun,Paul, Phil and Miss Fioretta) who were trying to pull him out! When they finally got him on the scales he weighed in at 225lbs and measured 37” around!! On the same day Rolando Crimmings(Babe) caught an 80lb wahoo! There’s some BIG fish out there!!
Dear editor,

I've been coming to Utila for 5 years and when I arrived this time I was very disappointed that the first thing I got to see was the Southern Relentless (the large cargo ship moored near the lighthouse). My first thought was “what an ugly thing for tourism”. So I went down to the Utila/Cortes ferry, found that the boat has been moored there for about four or five months. I was in shock that for an island so dependent on the tourist business and tourist perception of the island that it would be allowed to look so poor. So I asked more questions and took a little boat ride to get a closer look, and what I saw was disgusting! The bilge pump was spewing out long trails of petroleum! Now I'm no marine biologist but I'm sure this can't be good for the reef! The second thing I was amazed to see was the boat dragging it’s anchor across the bay, again I’m sure this can’t be good for the reef! So in conclusion I think that the tourists, Utilians and the reef have had enough of the Southern Relentless!

Shawn Thompson
Biggest Fan of Utila

Hello Utila East Wind,

Love your paper - like most of the island Dr John’s (August 2005 edition especially) my favorite, followed by that great account of a whale shark/sperm whale encounter (by Tonia Woods March 2006). These are the two fish (o.k. - one’s a mammal) that I've always been the most interested in so far. We've had this experience too! Best wishes to my good friend the editor, her husband ‘Real Estate Steve’, Jake the Snake (my pal) & last but not least Isabella - a young lady who I hope one day soon to meet! Please pass on my regards as well to Georidge ‘Best’s biggest fan ‘Jackles’. He & his wife ‘The Bride’ are a 2nd family to me & now they have a daughter. I’ll keep on reading the news & sniffing the breeze

Thanks to all, BUCKERS

Why we live here

well it comes down to the truth of it, there’s a whole lotta distance between 16 and 65. Utila sits at around the 16 degree mark on my globe, Winnipeg at the 49th. Now I know that this time of year can be stressful for all, but I'd like to offer you these thoughts, so you might, even on your loudest day, remark "at least we live here..." and have something really concrete & shake to compare it to.

nothing rhymes with winter and yet it's far too go to far our jaws are like pit bulls' clamped cramped clenched tight we run to and from warm spots our fingers turn white my heat waves are hot flashes my greenery...died there is six months worth of dog sh*t thawing outside no leaves on trees no fruit, no fowl, no fair! only stalky white faces gazing for a light & inside games...

Should you care???

YES!

you SHOULD island people!

ask a moment to care?

cuz as lousy as life is your not here, but THERE!!!

Winnipeg whiner

To: Mrs. Tonia Marie Woods

From: Toinette Marie Fernandez

Birthday: March 12

Just Like You

Now that I am a mother things have begun to change I walk, talk and dress differently even my thoughts are a bit strange. You seemed to be old fashioned by the things you did and said, but as the months and years came and I realized it was all my head.

I thought that discipline was torture something you did to be meant but now with Tamir and Alexander I want to do the same.

You taught me to choose friends wisely is why I have just a few but the ones that are still in my life are priceless just like you.

You showed me Christianity by living every word that you taught and said for you “Noah’s Ark” was more important than “Cinderella” before going to bed.

You’re back to school the young adults every Sunday you taught and now I’m walking right in your footsteps because I wasn’t sent to church, I was brought.

When you reach Heaven one day and look around you’ll see me and smile at me too you’ll say: Net, Girl how did you make it? and I’ll say: “I made it because I lived just like you!” I love you Mom! Have a nice Birthday!!

---

Letter to the editor

If you would like to voice your opinion about something or you would like to write a letter to us about someone you care about or something that has been bothering you, let us know. Send your letter in an email to utilaeastwind@gmail.com, phone us on 355-4463/3554 or drop it off at the Utila East Wind office in the Ace Real Estate office at Broussards Plaza.

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Utila’s new communication tower

The new tower on Stuart’s Hill is a communications tower built by Tropico Telephone and Internet (TTI) of La Ceiba. The tower is 60 feet high and is constructed of galvanized steel with a concrete base. The tower is used to provide high-speed Internet to Utila, La Ceiba, and Roatan. The communication system that is installed uses gigahertz-range microwave communication to create high-speed connections across the sea. The level of power used is much less than a cell phone, and the energy emitted by the tower poses no health hazard to humans or wildlife.

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Japan to take fingerprints of foreigners

Like the USA, Japan will also start taking pictures and fingerprints of all foreigners that enter the country, according to a Japanese press agency. The authorities hope this will help prevent terrorists entering the country with false identification papers. Japan also wants to change the law so that ships and planes have to show a passengers list before entering Japan.

Rabin’s murderer allowed to artificially inseminate his wife

The Israeli ministry of Justice has given Yigal Amir, the murderer of the Israeli Prime Minister Yitzhak Rabin, permission to artificially inseminate his wife. Amir’s wife is not allowed to see or visit him because it is feared that he might use her to send political information to his supporters.

Arias new president of Costa Rica

A month after the elections in Costa Rica, noble price winner Oscar Arias has officially been declared president. The victory was a national. Arias only received 3648 votes more than his rival Otto Solis did.

Snow for sale in Germany

The city of Steinhach in Germany is selling snow on Bay for 1 Euro per truckload. Buyers will have to collect the snow themselves. The city is dug in about 8.5 meters of snow and the municipality already spent about 10,000 Euro on clearing the snow. The profit will go to a children’s cancer fund.

Brazil frees more than 4100 slaves

Last year about 4100 people who were forced to work in rural areas of Brazil were freed, according to the Brazilian ministry of work. Slavery in forbidden in Brazil since 1888 but it is estimated that some 20,000 – 50,000 people are in conditions that can be compared to slavery. In the past 10 years about 18,000 slaves have been freed in South American countries.

USA has 12 million illegal immigrants

According to a research bureau there were about 12 million illegal immigrants in the United States. The researchers state that Bush’s policy to keep illegal immigrants out of the States did not work. Most of the immigrants enter the country through Mexico. They do believe that the borders are patrolled more strictly but that this also has a negative effect. It makes it more difficult for the illegal immigrants who want to leave the States to get out of the country so they are forced to stay.

Americans want to use sharks as spies

American military scientists are developing a technique that should make it possible to use sharks as spies. According to them it should be possible to manipulate brain signals in sharks through special neurological implants. The Pentagon finances the project. The scientists hope that they will be able to use the sharks as stealth spies that can follow enemy ships. Sharks might also be used to track down chemical tracers or electronic movements as sharks have strong senses and a very good memory.

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The nearly invisible tree dwellers; have you seen them?

By Sonja Schneider, Gilda Ordóñez Ortega and Aurel Heidelberg

In this column of the Iguana Research and Breeding Station we will describe two reptile species, which are endemic, exclusively occurring on Utila. These are the American Flag Lizard or Bica’s Anole, Norops bicaorum, and the Utila Anole or Mangrove Anole, Norops utilensis.

The Anolis family, known as Polychrotidae, already represents about 330 species but new species are constantly being discovered. Most anoles occur in bush or tree environments. Both the Bica’s Anole and the Utila Anole are found in the various types of forest habitats that occur here on the island of Utila.

The Bica’s Anole can be found in the dry hardwood forest habitat whereas the Utilian Anole prefers in the mangrove swamp habitat. Both species sit calm on branches in their preferable habitats. Their unique camouflage allows them to remain unseen to most viewers and to prey on various small insects and spiders. A special adaptation for their life in the canopy of the trees and has a gray

brown coloration. The maximum body length of the males is 59 mm and for females 58 mm. The dwell of this species is red with white scales.

Most species in the Anolis family are oviparous, egg laying, and have a specific breeding season where the females lay several clutches of single eggs. As long as food supplies are constant and the weather conditions are favorable the reproductive cycle continues on an annual basis. Natural predators of these species include snakes, birds and other reptiles.

The species described herein are endemic to the island of Utila. Their survival is therefore extremely sensitive to the destructive occurrences on this island. In order to preserve these unique species so that future generations are able to enjoy their presence and so that the ecosystem of this island may remain in balance, we must take action to stop the destruction of the mangrove and hardwood forest environments where these species thrive.

All types of mangrove trees are internationally listed as critically endangered and current national law protects the destruction of these areas, however, irresponsible landowners and investors are currently ignoring these laws and illegally destroying the mangrove forests. We must remember that humans are a part of the circle of life and that removing valuable species, such as the ones described in this article, from this cycle will have adverse affects not only on our livelihood but also on the longevity of generations to come. It is time to take responsibly and action.

If you would like to continue to learn about Utila’s unique flora and fauna please visit the Iguana Research and Breeding Center, take a guided tour of the facility and take the opportunity to ask experts in the field about what you can do to make a difference.

En esta columna de La Estación de Investigación y Crianza de la Iguana de Utila, se describirán dos especies de reptiles que son endémicas, y exclusivas para la isla de Utila. Estas son la lagartija Banda de una Anole americana o BICA Anole: Norops bicaorum.

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**Island Sytle Fish Pie**

It is rare I miss anything from home these days but from time to time I do crave some good home style cooking. Just like Mum used to make. With that in mind here is a simple recipe for fish pie, the only difference is using fish that are more used to life in warmer waters. It is rather moreish, so this recipe can feed 6 but I don’t reckon you should have more than 4 of you and then you can indulge or put some in the fridge for the next day.

**Ingredients:**
- 8 large potatoes
- 1 Tpin Spinach
- 1 Large Onion, finely chopped
- 1 Carrot, finely chopped
- Some Olive Oil
- 1 Carton Whipping Cream
- 1/2lb packet of Sour Creme (Crema)
- 1/4lb cheese
- Juice of 1 Lime
- 1 - 1/2 White Fish Fillet, skinned and boned, Wahoo or Kingfish is good
- Big Handful of Chopped Parsley
- 4 Eggs

**How to make it**

Peel and cut the potatoes and put them into salted water, bring to the boil and simmer. Peel and cut the potatoes and put them into the dish with the fish and the eggs. Now its time to put the mash on top of the fish, the best trick with this is to start with the edges and then do the middle, this stops all the sauce coming up the sides. Then sprinkle on the remaining cheese you saved earlier and chuck in a hot oven for around half an hour, it depends on your oven and can take a bit longer but its ready when the top is all crispy and brown.

The last part is the most difficult part. Now wait 10 minutes before you start to eat it, this gives everything the chance to get all nice and gooey, plus it stops you burning your mouth. I would serve it with some broccoli with lots of black pepper on or a nice salad whichever you fancy. Oh and a nice glass of cold white wine of course.

**Easter**

**Easter is a 40 day period of penance in which sharing the sorrow and sufferings of Christ are important to Chris-**

**Good Friday service- Love Feast**

**Thursday 7pm Maundy Thursday Communion**

**Normal services only Tuesday, Wednesday**

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**Ferreteria Rose**

**April 2006**

**Sunday**

**Easter Sunday is the day of the feast. This is the day on which the Christ is believed to have shown up himself**

**and that Jesus joined his disciples on a meal.**

**Remember Semana Santa is a week of celebration and worship too**

**METHODIST CHURCH**

**Holy week services**

**Prayer meetings at 6am each day Monday- Friday**

**Maundy Thursday Communion Thursday 7pm**

**Good Friday service- Love Feast Friday 7pm**

**Easter Sunday.**

**Another sphere spotting**

We would like to clarify last month’s ‘mysterious sphere’ story. The ball the children found was literally there one minute and gone the next. The 3 year old who was watching it while his brother ran in the house said “the boo boo’s took it up”, pointing to the sky. Boo boos to Utilian kids are anything spooky or alienlike!

It was calm evening and a local man was sitting on his motorbike at Chepes looking out to sea, as old sailors do, when a ball rolled past him! Thinking how strange it was he turned his bike to light the grass towards the lagoon and went to get it. “I was going to take it home for the kids”. The ball………was no where to be found!

How could a ball roll past him with no breeze and then disappear? He searched harder and even got help from a Spanish man on the beach. They hunted for ½ an hour and with their skin prickling and more than a little spooked, they gave up!

Another spotting of the mysterious sphere? Let us know of any strange encounters you may have had. Visit us at the Ace International office of e mail us at utilaestwind@gmail.com
A documentary on the whalesharks of Utila has started production. Each year around this time we have a huge population of whalesharks passing by the island. Some individuals have been catalogued and identified returning for the past 8 years. So it is an ideal time for production to start.

Funky Fat Fish Productions, a local underwater video company, have got together an array of people from both Utila and around the world. Headed by Johannes Leichtle, a final year Film Production Student from Vienna, Austria, they aim to produce a 45 minute film about whalesharks and Utila. “The film is essentially about the whalesharks and research that is going on here on the island, but we also want to capture the beauty, feel and character of the island. So we are going to try and interview as many people as we can about their lives and opinions on the sharks,” said Johannes.

Dan Cain, cameraman, started filming last year to catalogue as many different sharks as possible and record their behavior. “As an underwater videographer I have always wanted to film sharks and these guys are amazing. We are so lucky here to have such access to them and most people lives here are connected in some way to them, even if its purely economic from money bought to the island from tourists wanting to see them. We also have some other things to look at like the Rough Toothed Dolphins that are being studied by The University of Southern Mississippi, and the Swamper Iguanas,” said Dan.

“Last year I went out with Steve from Deep Blue Resort everyday tracking the whalesharks and started to see some interesting behavior patterns. We want to see which sharks are coming back to the island, try and find out where they’re coming from and where they’re going. Also why do they come when they do, are they mostly male or female, old or juveniles. We collected a lot of data last year but now we want to see if it correlates again,” he continued.

The makers want to include as many people as possible from all walks of life on Utila along with any visitors who may have experience in making films or just a lot of enthusiasm to be involved in a project. “We have the guys from Fish Bowl productions helping us, a guy from Germany doing Geographic research on the island, another in Costa Rica who is going to make us some animations, a group in Austria who will be making the music, photographers, environmentalists, Marine biologists, fishermen, its starting to get very interesting!”

If you would like to help or are just interested the please contact Johannes by email at whalesharkdocumentary@gmx.com
Or visit their office at the Hideout internet between Utila Dive centre and Altons Dive Shop.
If you have any photos of whalesharks here on Utila please email them to Johannes. They will be submitted to an international photo identification library so that we can get a better understanding of the worlds whaleshark population, numbers and movements.

For more info on whaleshark photo identification visit http://www.ecocean.org.
Utila's New Dive Professionals

Old House

Old House is the last dive site heading west in Turtle Harbour. The dive site earned its name from the small houses that used to belong to coconut harvesters along the beachfront and shore site. As we get past the reef, Turtle Harbour the mooring site in 25/30 feet can be used for divers to get a closer look at the underwater world.

The Old House site has many different species of Nudibranchs. Balloonfish and all types of Trunkfish, Cowfish and Triggerfish are resident in this area. Whale Sharks are often spotted. The seagrass beds deserve our respect and thanks for the services they provide to the underwater world. For more information please contact BICA or take a Project AWARE course.

Orientation

In the tropical garden of the Mango Inn - Tel. 425 34.10

History of Diving Part II

By Utila East Wind

Next month we will have a look at what happened in the history of diving in the 20th century.

In 1878 Paul Bert published the results of 670 experiments done with O2-enhanced mixtures, which makes him the first SCUBA diver. Rescue workers would use this device to rescue mine workers in flooded tunnels.

In 1865 Benoit Rouquayrol and Auguste Denayrouze designed the aerophore, a device to carry air for divers to re-breathe the exhaled gas. They have an extensive underground network of roots. This anchors the plant and also allows it to absorb nutrients from the sediment.

Seagrasses are flowering plants that have evolved to live submerged in muddy and/or sandy soft bottom habitats along protected coastlines and estuaries. They have an extensive underground network of roots. This anchors the plant and also allows it to absorb nutrients from the sediment.

Seagrasses are flowering plants that have evolved to live submerged in muddy and/or sandy soft bottom habitats along protected coastlines and estuaries. They are an important nursery grounds for many of our fish and invertebrates. Seagrass beds are also important as a final filter for the ground and lagoon waters making its way on to the reef. The leaves slow the passage of the water and increase oxygenation of the incoming water. The leaves also trap the sunlight necessary for a healthy coral reef.

Seagrasses are themselves sensitive to water quality conditions, particularly those that affect water clarity. Waters that are turbid or cloudy as the result of high amounts of suspended solids or algae do not allow the necessary sunlight to reach bottom growing seagrasses. As a result, seagrasses are a good indicator of the condition of the water. In areas of good water quality with low concentrations of suspended solids or algae-pollutant concentrations, seagrasses can grow much faster.

In many coastal areas the acceptance of seagrasses has declined, such as here in Utila. These losses have been primarily attributed to development in the watersheds and damage due to the use of anchors. This has impacted the water quality, which in turn is directly affecting our coral reefs.

It is important we understand and appreciate all the elements of Utila's ecosystem as they are fundamentally interrelated, if we damage one the others will fall like a house of cards. The seagrass beds deserve our respect and thanks for the services they provide to the underwater world. For more information please contact BICA or take a Project AWARE course.

Thinking Green

The Ocean’s Flowers - Seagrasses by Jules Page

Seagrasses are flowering plants that have evolved to live submerged in muddy and/or sandy soft bottom habitats along protected coastlines and estuaries. These losses have been primarily attributed to development in the watersheds and damage due to the use of anchors. This has impacted the water quality, which in turn is directly affecting our coral reefs.

In 1823 Charles Dean developed a “smoke helmet” with a suit, which was meant to be used by firegoers. Dean was also successful in marketing this helmet so a year later his brother John decided to apply for a patent and converted it into a diving helmet. They had to make some changes. For one they had to attach lead weights to keep it on the diver’s shoulders because it was too buoyant. Furthermore, the tank was not attached to the helmet, which made it impossible for the diver to bend over without risking flooding the device. This was, however, used in salvage work, including the removal of cannons from the British warship HMS Royal George in 1834. In 1843 the Navy would open the first diving schools based on what they learned from this salvage work. Later on, in 1837, Auguste Mouchot, who had worked with the Deane brothers, attached the suit to the helmet and developed the “Sieu” closed circulation system. This was quite an improvement from the earlier models.

In 1843 Robert Fleury and Auguste Parmentier designed the airon. In 1845 Robert Fleury and Auguste Parmentier designed the airon. This was a big step forward even though the diver would still walk on the bottom and not swim. The tank was used for breathing. It could only hold 30 atmospheres and the diver was still supplied from the surface. The tank was simply too heavy for the helmet. The box 20,000 Leagues under the Sea, a novel by Jules Verne speaks of divers to the depth of 400 feet hours on the airon, but this is pure fiction.

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Garden of the Month

Starting this month the newspaper will go round Utila and take pictures of gardens. The nicest garden will be published in the next edition of the Utila East Wind. We might have two gardens a month, as the aim is to put together a calendar at the end of the year for the year 2007. The owners of the gardens that have been chosen will receive a free calendar at the end of the year. So come on everybody! Get your garden in shape and who knows... your garden might be featured in the next edition and on the Utila East Wind Garden calendar!

This month we have chosen Naida’s garden at Trudy’s Hotel as the Garden of April.

The garden got damage by the hurricane season but seems to have recovered quite well. Miss Naida does not really have any tips but says it is important to water them.
If your information is not on this page and you would like it to be contact us and we will see what we can do.
If any of your information on this page is incorrect or missing let us know and we will change it.

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HEALTH
Centro de salud temporarily closed 425-3277 A4
Chamber 425-3378 C3
Medical Store 425-3154 C4
Comm. Clinic 425-3137 C3

BANKS
BGA Mon-Fri 8:30-3:30pm Sat till 11:30 425-3117 C4
Banco Alt-mer Mon-Fri 8:30-3:30pm Sat till 11:30 425-3374 C4
Reef Cinema Mon-Sat 11:30 am-6:00 pm 425-3254 B4

SHOPS
Bush Mon-Sat 6:30am-6pm Sat till 12p 425-3147 D5
Hendersons Mon-Sat 7am-12pm, 2pm-6pm 425-3148 C4
Meat Mart Mon-Sat 7am-12pm, 2pm-6pm 425-3283 C3
Rose Mon-Sat 7am-12pm, 2pm-6pm 425-3283 C3
Samantha Mon-Sat 7am-12pm, 2pm-6pm 425-3110 C5
Sea-eye store Mon-Sun 6am-12pm, 2pm-6pm 425-3110 C5

RENTAL
DC’s Bike 425-3285 C4
Lance Bod-Ramon 425-3245 B3
Ramon 425-3307 C2
Freddy’s Mansion 425-3304 E5

INTERNET
Finge salon M/F 10am-1pm 425-3394 C3
Johnny’s 425-3303 C4
Funky Town Library Mon-Fri 10am-5pm 425-3395 B4
Alice Travel Mon-Sat 9am-5pm, Fri till 12pm 425-3394 E3
Iguana St. Hotel 425-3319 Point

OTHER
Ferry to Big Mammas M/F 10am-1pm 425-3397 A5
Jewels 425-3301 B5
Mango Tree 425-3301 B5
Mermaids Mon-Sat 9am-8pm, Sun 10am-8pm 425-3307 D5
Triple H Mon-Sat 9am-8pm, Sun 10am-8pm 425-3307 D5

BARS
Opening Hours Details Tel. no. Map
Bando 9am-5:30pm Beach Bar. Serves snacks 425-3190 Point
Bar in the Daily 9am-5:30pm Wed & Fri 9pm-late A4
Casino Night Club 425-3114
Champa 9am-5:30pm Tue, Fri & Sun till late C4
Coco Loco 4-12am, Fri/Sat till 2:30 Night Club 425-3114
Dolce 425-3114
Colibri 9am-5:30pm Daily 9am-5:30pm B5
La Dalia 4pm-12am, Fri/Sat till 2:30 Pool Hall and Bar 425-3307 C4
La Pira 9am-5:30pm Daily 9am-5:30pm B5
La Pira 9am-5:30pm Daily 9am-5:30pm B5
Seabreakers 4pm-12am, Fri/Sat till 2:30 Pool Hall and Bar 425-3307 C4
Skidrow Bar 425-3307 C4

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Tech Talk: Viruses, Spyware, and Spam. Oh My!

By Chris Howard

Spam usually appears as unwanted commercial e-mail, junk e-mail advertising, or fairly distasteful product advertising. Looking at a current list of spam, one can see that e-mail that includes computer viruses (see below), attempts to defraud its readers (offering money or clearing bad credit), offers to sell prescription drugs, or information on how to enhance or reduce body parts.

For many of us, spam messages are greater than the ones we really care about. A typical session these days is either reading or pressing the delete key. Now you’re sitting there nodding your head and saying “but what can we do about it?” When you receive unsolicited commercial e-mail, reply to it with a message that states you’re not interested. Something along the lines of:

“My private e-mail is not your advertising medium. People who use them as such abuse my time and resources. I will not do business with you now, nor will I consider other requests from you in the future. Please remove this e-mail address from your junk mail list immediately and do not contact me again in the future.”

For the junk e-mail, your reply may be rejected with an “invalid email address”. For those, you’ll have to work a little harder and locate the real spammer. Their real address will usually be somewhere within the body of the message. If the email refers to a web site, you can try sending your message to that site. In other words, if the website is ISPAM.com, you could send your message to abuse@ISPAM.com.

Fixing pesky computer viruses has been a regular task of anyone using a computer in the last 20 years. That’s about the same length of time the personal computer (IBM PC and Apple) has been around. Viruses have become very small and fit in just about any file. Even picture files (jpg, bmp, gif) can now have viruses in them. Worse, they are now present on PDA’s (future Tech Talk article) and cell phones.

If you simply can’t resist downloading things and/or borrowing someone else’s CD or DVD, there are anti-virus software that protect you from most of the worm scans the network for another infected appliance. A worm is a small piece of software that piggybacks on real programs. For example, a virus might attach itself to a program such as a spreadsheet program. Each time the spreadsheet program runs, the virus runs too, and has the chance to reproduce (by attaching to other programs) or damage something else.

Spyware requires yet more tools. The good news is that the best ones are free. Spybot is one that would work well as it resets your browser to its original settings.

Regardless of the type of virus, they aren’t going to go away. The author is intentionally trying to damage your computer, data, or become famous. The easiest way to prevent getting a virus is to not download anything. This includes email attachments especially if they are coming from someone you don’t know. Viruses have become very small and fit in just about any file. Even picture files (jpg, bmp, gif) can now have viruses in them. Worse, they are now present on PDA’s (future Tech Talk article) and cell phones.

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An e-mail virus moves around in e-mail messages, and usually replicates itself by attaching to other programs and sending to the people in the victim’s e-mail address book. A worm is a small piece of software that uses computer networks (internet included) and security holes to replicate itself. A copy of the worm will go to the network for another machine that has a specific security hole. It copies itself to the new machine using the security hole, and then starts replicating from there.

A Trojan horse is simply a computer program. The program claims to do one thing (it may claim to be a game) but instead does damage when you run it (it may erase your hard disk). Trojan horses have no way to replicate automatically. Regardless of the type of virus, they aren’t going to go away. The author is intentionally trying to damage your computer, data, or become famous. The easiest way to prevent getting a virus is to not download anything. This includes email attachments especially if they are coming from someone you don’t know. Viruses have become very small and fit in just about any file. Even picture files (jpg, bmp, gif) can now have viruses in them. Worse, they are now present on PDA’s (future Tech Talk article) and cell phones.

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Health precautions for Semana Santa

By Utila East Wind

These days Semana Santa is celebrated on Utila much like Spring Break is in the States. The Island becomes a magnet for young people from all over Honduras and Central America who just want to have fun on the beach and party all night! It would be nice this year if Dr. John and Mark from the Utila Community Clinic had a little time to enjoy the party themselves so we are offering a few tips to keep you healthier and safer through the holiday week.

DANGERS OF EXCESSIVE PARTYING

Getting sick: If you are suffering from vomiting or diarrhea stop drinking alcohol, stay out of the sun, drink water and rehydrating drinks. If nothing helps go see a doctor.

Dehydration: Drink water. You are more susceptible to heat illnesses when you are dehydrated. Make sure that you drink plenty of water, especially if you are out in the hot sun.

Heat cramps: Muscular pains and spasms are often due to exertion (dancing in the sun!). This is often the first sign that the body is having problems with heat. If you experience cramps, sit down for a while and watch others dance. Make sure you get some rest.

Heat exhaustion: this typically occurs when exercising or getting overexerted in the heat and lots of body fluids are lost through sweating. The blood flow to the skin increases which means that the blood flow to vital organs decreases. This could lead to mild shock and if not treated it will worsen. If the body temperature keeps rising it can lead to heat stroke. If you think you might be suffering from heat exhaustion make sure to rest and get out of the sun. Try to cool down as much as possible.

Heat stroke: Is life threatening. The victims temperature control system, which produces sweat to cool the body, stops working and the body temperature rises, which can be fatal.

*Alcohol and caffeine make you feel good briefly but make the heat effects on your body worse, ESPECIALLY beer which dehydrates the body.

Blacking out: This is a period of amnesia during which the person is engaged in activity (e.g. Walking, talking) but the brain is unable to form new memories for the event. This is a period of amnesia during which the person is engaged in activity (e.g. Walking, talking) but the brain is unable to form new memories for the event.

Breve desvanecimiento: Este es un amnesia en cual la persona se encuentra involucrado en conversaciones o acciones pero el cerebro no puede crear nuevas memorias de los sucesos de la noche anterior. Se dice que ocurrió en casos de exceso de alcohol consumido al estornudo. La concentración del alcohol en la sangre puede seguir subiendo después de haber bebido alcohol ya que se retiene en el estómago. Si el alcohol en el estómago y los intestinos continúa a penetrar el torrente sanguíneo, NO SUPONGAS QUE ESTARÁN BIEN AL DORMIR! Falta de abilidad de razonar: durante este periodo varias lesiones son el resultado de pleitos, así que recuerda de tomar agua entre bebidas alcoholicas.

Try and be responsible for each other.

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Try and be responsible for each other.

La Piccola
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Specialised in Homemade Pasta
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Imported Meat & Fresh local Fish
Extensive Vegetarian Menu
Backpackers Menu Available

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Horse Racing
Irish Raiders dominate St. Paddy's Gold Cup
The Guinness flowed thick and fast, as ever, on St Patricks Day at Cheltenham. War of Attrition, a 15-2 chance, took first place and the Gold Cup in the Festival’s first ever Irish race. 1, 2, 3. The horse, owned by Ryan Air boss Michael O’Leary, won the 22 fence, 3 mile, 2 furlong chase by two and lengths. Fellow Irish raiders, Hedgehunter, this year Grand National winner, and Forget the Past came in second and third and made it an Irish clean sweep.

Tennis
Borg to sell Wimbledon trophies
Yet another famous sportsman facing financial problems is having to do the unthinkable and parting with his trophies to see off the creditors. 5 times Wimbledon champion, Bjorn Borg, is to sell his Wim tions cup for the wooden spoon. Their blushes were spared in an 18 all draw with Italy in Cardiff, the Azurri gaining their first 6 Nations points, and point. It started the season losing 26 -16 against a lacklustre Ireland at Lansdowne Road, the scores being level at half time. The Italians determined defense called into question Ireland whole challenge but were uninspiring.

Football
English premiership
Reading was promoted to the Championship. All in all it was a very topsy turvy championship with a resurgent Scotland beating both France and England at home. They looked to be heading for a tilt at the championship themselves a 28 – 18 defeat to Wales just days before those aspirations. The loss of Scott Murray, sent off after just 30 minutes for kicking his counterpart Ian Gough in the face almost certainly contributed to the defeat. The Scots then narrowly lost a dogged encounter in Cardiff going down 15 – 9 in a Lansdowne Road farewell match. The venerable stadium is to be redeveloped. As for France, for the first time in 3 years and their second victory at Twickenham in the same period. England have now lost their previous 3 encounters to the men in green and the one indomitable point with a pool B win. Toulonckingham in dire need of renovation. France, who pipped Wales in Cardiff with a converted try in the last 5 minutes, took the Championship on point difference from Ireland but were uninspiring.

Rugby union
The Cheltenham hangovers were still fresh when Ireland followed up on their Festival glory by tak- ing that the scalp all Celts cherish in the 6 Nations Rugby Championship. Leaping England by 20 ex-travaganza in Paris. At one point leading 43 – 3 the Irish looked in danger of conceding a half century or more. The dogged Irish hit back with 4 unanswerable tries but the re

España

Happy Birthday
Rudi on the 20th, Raggi on the 22nd and Adrian on the 26th. Looking forward to the big party!

Happy Birthday
Vanessa for the 30th of March and Lida for the 1st of April
Happy Birthday to Susan for the 17th April

Submit a free classified Email: utilaeastwind@gmail.com

For Rent
2 Office spaces available in Broux-
sard’s Plaza at the ferry dock. See Chris or call 425-3262 Cell: 9521084 for more information.

LADY rack

Computer classes, flexible schedule, Shrewsbury Sheryl @ Triple H, contact 425-3746

Mammier’s day care, open mon-fri 7am-5pm, 24hrs - Sys old, behind depot Pepsi. Come in and see us!

Funky Town Li-
brary Open all week (except We & Sun) from 10am till 5pm. Contact John for the Drink’s Day away. Mr. Fix it for all your needs. Call 425-3354

For Sale
PAD& books and used masks/socks for sale. Good prices, also 355 4463

Vannar 88 Hh, 4 cylinder, 1994 diesel engine $4000. Contact Mr Donald Cooper, Ulla Caves, 425-3349

Silver EZGO gas powered Golf cart, call 425-334

Fujifilm S7000 digital camera, 12 meg- apixels, 1 gig memory card, usb cable $600. Call 425-3854

Paint Ball Equipment all gear needed to play. Wanting to sell separate. See Brooks @ Tramplin.

COMFORT gen-
erator 3.5 KW Gas, rebuilt, runs like new, good condition $250. Call Jan 372- 3343 or check out Chris @ Reef Cinema video store

Computer case to fit HP laptop. Good condition, contact 425-372-3343

Tatouage, tattoo designs

Green leaf design, easy application. From $20 - $30. Call Jan 372-3343

Happy Birthday
Happy Birthday to Sid on the 17th April

Happy Birthday
Daniko on the 17th April

Happy Birthday
Sylvia on the 17th April

Happy Birthday to Susan for the 17th April

Happy Birthday to Sarah for the 17th April

Happy Birthday
Happy Birthday to Sarah on the 17th April

Happy Birthday
Happy Birthday to Sarah on the 17th April
Backpacker of the month

I am Gavin Wood, originally hailing from the green fields of England but more recently holed up in Colombia.

In a former life I was part of the rat race, packed face to face in a sweaty underground train in London five days per week, ready to take my allotted office space while working for a bank as a tax adviser.

But things change. I now earn my honest wage by conning bookmakers out of their hard earned cash while sunning it up next to the Caribbean in the misunderstood land of Colombia. Don't believe the hype about the country, rather than listening to negative propaganda and the scaremongering of people who have never been, instead go and check it out for yourself - you won't regret it.

I started travelling at the beginning of December, the only plan being to return to Colombia from the starting place of Mexico. No commitments so time has never been important. Since then it has all blended and blurred into one long haze of memories and experiences, some good, some not so good, but all worthwhile in one way or another.

There are many differences between Central America and life back home in the UK, but the most striking, cliched as it may sound, is the people. If some of the sour-faced and unfriendly folk from back home could see how fortunate they are in comparison with the poverty afflicted areas of this region then their attitude would certainly change, especially when they consider that in spite of all of the hardship, the Central American people are almost always friendly, helpful and most of all welcoming. The First World could learn a lot from the New World.

Anyway, here I am in Utila, training up on diving and looking forward to the next destination. Take care.

Wheely mania on the Cayes

The kids in random order: Devin, Donald, John, Henry, Vito, Lil Alton, Lil Hek, Marvin, Mauro, Ricardito

This month the kids from the Cayes wanted to show their skills popping wheelies. Maybe we need to get you guys up here and get a good wheely race going on!!

Thanks for showing us what you can do. Who is the champ down there?
HOROSCOPES

By Blue Willow, cosmic overseas correspondent

ARIES March 21 - April 19
A time for concentration for the Aries. Put your head down and get to work. There will be time to play later. Whatever it is you are aiming for requires hard work.

TAURUS April 20 - May 20
Big changes are taking place for you. By nature you like things to be settled so this makes you feel rather uneasy. Go with the flow and you will be glad you did.

GEMINI May 21 - June 21
A new business venture has appeared. Be careful though. It might sound simple but you can be quite naïve sometimes. Be cautious.

CANCER June 22 - July 22
You are living the highlife at the moment. Some might even say you are being greedy. Try to live more basically. Don’t buy what you don’t need. Remember, those who are given less achieve more.

LEO July 23 - Aug 22
You are a moody so and so at the moment. Everyone seems to be getting on the wrong side of you. Take a deep breath and remember that no one is perfect. Least of all you.

VIRGO Aug 23 - Sep 22
You mean well but others don’t see it like that. Get back to your own business and get your nose out of everyone else’s. You little nosey-parker.

LIBRA Sep 23 - Oct 22
This month is all about love for the luscious Libra. Things are really setting your heart a flutter. Enjoy it and treat that feeling as well as you can.

SCORPIO Oct 23 - Nov 21
This month you find yourself confronted by something that you thought was long dead. A romance? A new business proposition? You left it behind for a reason so MOVE ON!

SAGITTARIUS Nov 22 - Dec 21
A new career beckons. You thought you were on a certain path and suddenly you’re on a totally different one altogether. Try to be spontaneous and let life take you were it will.

CAPRICORN Dec 22 - Jan 19
Before you do something you must be sure you are prepared. Just as a good cheesecake needs a good base, you must make sure the groundwork is done. Those who stand on tiptoe don’t stand firm. Cross all the T’s and dot all the I’s and away you go.

Aquarius Jan 20 - Feb 18
You are feeling a bit flirty. Maybe it’s that Easter feeling… new life and all that, lambs and bunnies being born. Enjoy!

PISCES Feb 19 - Mar 20
Worry is a useless emotion. It won’t help you with anything. Try to relax. Things will fall into place. Don’t worry about a thing.

SUDOKU

Enter the numbers 1 - 9 in the blank squares in such a way that each row, column and smaller square contains the numbers 1 - 9.

JOKES

Three elderly ladies were discussing the trials of getting older.

One said, “Sometimes I catch myself with a jar of mayonnaise in my hand in front of the refrigerator and can’t remember whether I was on my way up or on my way down.”

The second lady chimed in, “Yes, sometimes I find myself on the landing of the stairs and can’t remember whether I was on my way up or on my way down.”

The third one responded, “Well, I’m glad I don’t have that problem; knock on wood,” she raps her knuckles on the table, then says, “That must be the door, I’ll get it.”
Welcome back

Beach Boy

Another Happy family

Good friends

Where’s my rubber ducky?

Little Samir

Good day for fishing

Ooooppsss........

Witch doctor?

Walking? In this heat?

Welcome back

Happy Birthday!
ACE INTERNATIONAL REAL ESTATE
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A PLACE ONLY TIME COULD FORGET.....

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